

# **BERWITZ & DiTATA LLP**

Attorneys and Counselors at Law

310 Old Country Road Suite 101  
Garden City, New York 11530  
Telephone (516) 747-3200 □ Facsimile (516) 747-3727

Lawrence N. Berwitz

Maureen R. DiTata

## **How To Help Someone You Love When They Grieve**

We are pleased to be sponsoring an unusually powerful, educational evening. We hope that many of our clients and friends, and perhaps their friends and family, will join us. With exceptional grace, good-natured humor, and rock-solid science, Amy Florian teaches people how to support their friends and family in times of grief, loss, and transition.

Regardless of cause - death, divorce, dementia, terminal illness, job loss or other major life crisis - in the midst of grief it can seem that hope and happiness have evaporated. Those times are when we need each other the most. Yet our words get lost in the torrent of “me too” platitudes and our actions fail to comfort. Would you like to know what to do and say to genuinely help yourself and those you love navigate the toughest times of life? Learn about grief – what the experience is like and what is normal. Learn practical strategies for comforting, what to do when you don’t know what to do, and how to help yourself or your loved ones become whole again.

Amy Florian is not just an expert in grief and bereavement; she has been there. Her husband’s sudden death in a car accident prompted Amy’s lifelong mission to help people heal from devastating grief. Amy has worked with more than 2,000 grieving people over the past 25 years. She teaches at Loyola University of Chicago and has published over 90 articles. She holds both a Master’s Degree and a Fellow in Thanatology. She is a nationally recognized speaker and teacher known for her dynamic and engaging presentations.

We will meet at the Milleridge Inn on May 13 from 6 to 9 p.m. Mark your calendar. There will be no cost to attend. The evening promises to be a moving one.